



4/9/20-- Uinta County COVID-19 Update

THREE UINTA COUNTY COVID CASES RECOVERED, BUT TOTAL CASE COUNT GOES UP TO 4

While the first 3 individuals who tested positive for COVID-19 have recovered as of Thursday morning, Uinta County's total tally increased to four by the afternoon.

Uinta County Public Health and the Wyoming Department of Health have been notified of the fourth lab-confirmed case of coronavirus disease 2019 (COVID-19) among Uinta County residents.

The patient is an adult male, residing in the Evanston area, and is linked to a known-positive case. The individual is isolating and recovering at home.

WDH and Uinta County Public Health are following up to monitor and learn more about the person's exposure risk and identify and communicate with anyone who may have been in close contact with the patient. Known contacts will be monitored for symptoms and tested if needed.

This brings total lab-confirmed case count in Wyoming to 239. The Wyoming Department of Health has added a new metric to the case data they report, as well, to include "probably cases." These include people who have been named as close contacts of lab-confirmed cases, and who also went on to develop symptoms. Because of limited testing supplies, these patients will be assumed to be positive, but won't necessarily be tested.

As a reminder, symptoms reported with COVID-19 are cough, fever, shortness of breath, but research has shown that a person can be contagious two days prior to developing symptoms, and even spread the virus without developing symptoms at all. It is still believed, however, that an individual will be most contagious and more likely to spread the virus during the time that they do have symptoms.

The COVID-19 illness thus far in our county has been rather mild, which is good for recovery, but makes it even more important to stay home when experiencing any of the symptoms associated with COVID-19, knowing that they may not be too severe.

The public is encouraged to follow these guidelines outlined by the CDC and WDH:

- Practice social distancing by primarily staying at home.
- Avoid close contact (within 6 feet) of others, especially those who are sick or may have been exposed.
- Stay home if sick
- Avoid gatherings of 10 or more people
- Clean and disinfect frequently touched objects and surfaces
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Wear a cloth face covering when in public (like at grocery store, etc.)

For more information, please call Uinta County Public Health – Evanston: 789-9203 or Lyman 787-3800. Also see <https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus/>. For more details about the disease from the CDC, visit: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

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