

# Uinta County Mental Health Contacts



4/30/20

BETTER TOGETHER. EVEN WHEN WE'RE APART

Mental Health Provider	Contact #	Information
<b>Frontier Psychological</b> Also sponsoring a ZOOM meeting May 13, 2020 6 PM to discuss stress management strategies and answer questions. Recorded for those who can't attend. Call to sign up.	789-6773	Appointments available Doing telehealth <b>Offering free consultation for those in community who have concerns/stress related to COVID19. Up to 3 sessions. Call for information.</b>
<b>Pioneer Counseling</b>	789-7915	Appointments available Doing by phone or ZOOM
<b>High Country Behavioral Health</b> <i>BV office</i>	782-3097	Appointments available Doing by phone or ZOOM
<b>High Country Behavioral Health</b> <i>EV office</i>	789-4224	Waiting list up to 1 1/2 months for appointment Telehealth or ZOOM
<b>CAPS Counseling</b> Shantay Roe LCSW	679-3854	Appointments available By telehealth or phone
<b>Uinta Counseling</b> EV Michelle Robertson	307-363-2705	Appointments available By telehealth, contactless paperwork
<b>Meghan Anderson</b> LCSW Lyman	208-360-6271	Appointments available By telehealth
<b>Local Clergy</b>		Contact for assistance. Some also have counselors they can refer you to
<b>Wrap Around Solutions</b>	789-0241 Or 679-5711	Great resource for ages 4-20. Telehealth. Can help connect to resources. Also has caregiver groups by telehealth for any adult. Contact for more information.
<b>Caregiver Support Group</b> Thru Wyoming CME	or Join us by telephone at 1-646-558-8656. The meeting ID is 707 619 166.	Caregiver Support Group: Join via Zoom <u>every</u> Wednesday at <b>5:30 p.m. to 6:30 p.m.</b> (Mountain Time) <a href="https://magellanhealth.zoom.us/j/707619166">https://magellanhealth.zoom.us/j/707619166</a>